

Federal State Autonomous Educational Institution of Higher Education
I.M. Sechenov First Moscow State Medical University
of the Ministry of Healthcare of the Russian Federation
(Sechenov University)



SECHENOV UNIVERSITY
LIFE SCIENCES

CHRONIC HEART FAILURE

Manual

Edited by A.L. Syrkin and M.G. Poltavskaya

Рекомендовано Координационным советом по области образования «Здравоохранение и медицинские науки» в качестве учебного пособия для использования в образовательных учреждениях, реализующих основные профессиональные образовательные программы высшего образования специалитета по направлению подготовки 31.05.01 «Лечебное дело»



MEDICAL INFORMATIONAL AGENCY
MOSCOW
2024

UDC 616.12-008.46-036.12(075.8)

Получена положительная рецензия Экспертной комиссии по работе с учебными изданиями ФГАОУ ВО Первый МГМУ имени И.М. Сеченова Минздрава России (Сеченовский Университет) № 1538 ЭКУ от 21 октября 2021 г.

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Chronic Heart Failure : Manual / Edited by A.L. Syrkin and M.G. Poltavskaya. — Moscow : Medical Informational Agency, 2024. — 84 p.

ISBN 978-5-9986-0485-0

The manual discusses modern clinical approaches to examining and treating patients with chronic heart failure. The manual contains tests and cases, with its structure spotlighting key aspects of analyzable pathological processes, coordinating and specifying the educational process.

The Chronic Heart Failure manual was prepared for cardiology classes in compliance with the Federal State Educational Standard for Higher Professional Training of General Medicine students (Clinical Medicine — 31.05.01).

UDC 616.12-008.46-036.12(075.8)

ISBN 978-5-9986-0485-0

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INTRODUCTION

Chronic Heart Failure is a very widespread disease, being found worldwide in 1 to 2% of total population, affecting 10% of elderly people above 70. In Russia, chronic heart failure is diagnosed in 7–10% of total population. Chronic heart failure is expected to become even more frequent in the future due to the population ageing. However, despite considerable achievements of modern medicine in heart failure treatment, the mortality rate is still high.

Heart failure, *inter alia*, very often causes hospital admissions all over the world, significantly deteriorating the quality of patients' lives, making them less able to work or unable to do it at all, with the medical treatment becoming a serious financial burden for the society, patients and their close ones.

Modern methods for heart failure prevention and treatment help to significantly decrease the probability of this complication in patients with cardiovascular diseases, prolong their life and improve its quality in patients who have already been diagnosed with chronic heart failure.